## SPECIALTY CUTS

Our butchers are happy to custom cut your order

Our Hometown Butchers

- · Hand-cut and trim every piece
- · Offer fresh cuts every day
- · Can help you pick the perfect cut
- · Are happy to offer preparation tips
- · Make ground beef daily in-house





### TRY OUR AIR CHILLED CHICKEN



O Organics® Air Chilled:



Open Nature® Air Chilled:

- No Antibiotics Ever
- Free Range
- Organic Vegetarian Fed
- American Humane Certified
- - 100% Vegetarian

No Antibiotics Ever

Fed · American Humane

Chicken, Pork

– Vegetarian Fed

- No Antibiotics Ever

- No Added Hormones

- No Artificial Ingredients





#### Beef, Ground Beef

- No Antibiotics Ever
- No Added Hormones
- Grass Fed
- Pasture Raised
- No Preservatives
- No Preservatives
- \* Federal regulations prohibit the use of ho

#### Effective dates: 4/1/21 - 2/28/22

Chicken

- Free Range

- No Antibiotics Ever

- No Added Hormones

- Organic Vegetarian Fed



 Coupon valid at any participating Pavilions stores and must be presented at time of purchase. Minimum \$2.99 I purchase required in a single transaction, excluding fluid dairy, alcohol, tobacco, taxes, and fees. Only one item per I coupon, one coupon per transaction/per customer. Void if copied or expired. Coupon not valid for online purchases and cannot be combined with any other offer or store coupons. No cash value. Limited to quantities on hand. While supplies last. Item prices vary among stores. Not all items or varieties available in all locations. In the event of return, coupon savings may be deducted from refund and no cash back or rainchecks. Pavilions reserves the right to modify I or cancel this offer and/or to correct typographical, pictorial and other ad or pricing errors. Coupon Expires: 2/28/2022



Exclusively in our stores:

#### Open Nature®

#### Beef, Lamb, **Ground Beef**

- No Antibiotics Ever
- No Added Hormones
- Grass Fed
- No Artificial Ingredients

Effective dates: 4/1/21 - 2/28/22



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## LEAN PROTEIN

Beef, chicken, lamb and pork are big on taste and low in calories. They're packed with essential vitamins, minerals and satisfying protein for building muscle while boosting your metabolism to help you lose fat. When you lean on protein, you'll feel good about the great-tasting, healthy and satisfying dishes you share with your family and friends.



Beef: B-12, zinc, selenium, iron



Chicken: amino acids for building healthy muscle tissue



Pork: Thiamine, selenium, niacin, vitamin B-6 and phosphorus



Lamb: Iron, magnesium, selenium, niacin, vitamin B-6 and phosphorus



### HIGH QUALITY HIGH STANDARDS

We are proud to offer a great selection of the finest quality beef that are destined to become the main attraction at your next cookout.



USDA Choice: Aged for tenderness, marbled for flavor, hand-trimmed



USDA Prime: Top 2% of all beef, highest level of marbling, available in select stores.

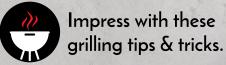


Open Nature®: 100% grass fed Angus, no antibiotics ever, no added hormones.



O Organics®: No GMOs or added growth hormones, free range, grass fed, no antibiotics ever.







**Shop online at Pavilions.com** 

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<sup>\*</sup> Federal regulations prohibit the use of hormones in raising pork & poultry.

# BUILDING THE Perfect BURGER

#### Not every bun can

contain the magnitude of magnificence that burger excellence requires. To ensure that your THE TOP 3 TOPPINGS bun is up to the task, choose a buttery brioche Lettuce, tomato & onions or a potato bun. have consistently been the all-time favorite, go-to

#### 80% LEAN BEEF

toppings. This classic trio

has been making burger

hits with their perfect

harmony of cool crunch,

tangy zest and sweet

flavor.

Use no less than 20% fat to unlock the savory flavors in a choice cut of ground beef. Portion into generous 1/4-pound patties, and keep them cold in the fridge until you're ready to grill. Salt if you must.

#### MUSTARD

Unlike sugar-laden ketchup that can mask flavors, mustard adds a little zing to the mix and brings out the subtle flavor profiles in your grilled masterpiece.

#### AMERICAN CHEESE

When it comes to building the perfect burger, fancy cheese just won't cut it. American cheese melts to perfection without falling apart on the grill.

ALBCIV163319 Grilling Brochure V4 AHCSoCalPavilio



Flank Steak

**Ground Beef** 

**Bone-In Pork Chop** 

**Pork Tenderloin** 

**Spare Ribs** 

**Country Style Ribs** 

Loin (Baby) Back Ribs

**Boneless Breast** 

Lamb Rib Rack

**Tenderloin or Strips** 

Thighs or Drumsticks

Boneless Leg of Lamb (Butterflied)

Boneless Pork Loin Chop

## Master III Grill

#### **Cooking Methods:**

Favorite Cuts



Direct Heat
Grilling meat directly above flames or coals (steaks,

Why We Love Them

Typically marinated, with lots of intense flavor -

Very lean with a mild flavor; also known as the

Very popular, it is versatile, lean and tender

Grilled whole, locking in the juicy flavor; then

The meatiest variety of ribs, tender and juicy

Best grilled as a whole slab on indirect heat then

Slow cook on indirect heat then finish on direct

Versatile white meat with an extremely low-fat

Dark meat that is extremely tender and packed

Grill whole; or cut between the rib bones for

delicious grilled lamb Iollipop chops

Low-fat, white meat that is quick, easy and

flavor: areat with your favorite bba sauce

finished on flames to sear in the flavors

heat for fall off the bone deliciousness

content but packed with flavor

tender; perfect seared for faiitas

even doneness when grilling

with juicy flavor

cut into slices across the grain

T-Bone of pork

sliced to desired thickness

Grilling technique in which the food is placed to the side of the heat source (whole chicken, ribs, turkey)

#### **Time to Cook**

#### Rich, juicy and full-flavored with generous Bone-In Ribeye Steak marbling throughout 1-inch thick Tender, full of flavor and often big enough for · 10-12 minutes over direct heat (high) Porterhouse or T-Bone Steak Simply season with salt and pepper; utilize grilling tongs to gently turn and flip your steak when grilling Leanest, tenderest steak available with a fine Filet Mignon Tenderloin Steak buttery texture and amazing flavor Or try a reverse sear on any of these steaks Moderately lean, both flavorful and versatile for **Top Sirloin Steak** · 20-30 minutes over indirect heat (medium) family gatherings · Then move to direct heat (high) for 3-4 minutes per side. Restaurant favorite - tender, lean & flavorful **New York Strip Steak** Very flavorful, with a rich meaty texture; great 3/4 to 1" thick; 8-10 minutes over direct heat (high); move to indirect heat for another 6-8 Thin Cut Bone-In Short Ribs with a marinade minutes to allow for fall off the bone tenderness Thick cut and versatile, sear on the outside to seal **Top Round London Broil** in the delicious flavor

1-11/2 inch thick: 14-16 minutes over direct heat (medium); Key step - let this one rest for

10 minutes after grilling for sealed in juiciness 10-12 minutes over direct heat (medium); move to indirect heat for another 5 minutes to

allow marinade to seal the outside 9-13 minutes over direct heat (medium) for 1/4 lb to 1/3 lb burger patties; utilize a spatula A grilling favorite available in a variety of lean to

> to gently turn and flip your burger when grilling 3/4-inch thick 9-12 minutes over direct heat (high); Simply season with salt and pepper;

> utilize grilling tongs to gently turn and flip your pork chop when grilling 3/4-inch thick 8-10 minutes over direct heat (high); utilize grilling tongs to gently turn and flip your pork thop when grilling

8-10 minutes over direct heat (medium); move to indirect heat for another 3-4 minutes to allow for juicy tenderness

18-20 minutes over direct heat (medium) to seal in the juiceness and flavor; move to indirect heat for another 12-14 minutes to desired doneness

13/4 - 21/2 hours over indirect heat (medium); Set your timer for half way through; then remove ribs, lather with favorite sauce, wrap in aluminum foil, and place back on to the grill for remaining time. At the end of indirect cooking, take ribs out of foil and finish on direct heat for 7-8 minutes to seal in the juices

10-12 minutes over direct heat (medium); Simply season with salt and pepper; utilize grilling tongs to gently turn and flip your chicken pieces. Tip - Allow a little extra time on the grill - if the meat sticks, don't try to flip the piece; it will unstick itself then it is ready to

16-20 minutes over direct heat (medium); Simply season with salt and pepper; utilize grilling tongs to gently turn and flip your chicken when grilling

Flavorful and meaty, it's split down the middle for 16-18 minutes over direct heat (medium); then finish on indirect heat for 8-10 minutes to

> Grilled whole for 10-12 minutes over direct heat (medium); then another 4-5 minutes over indirect heat; Or grill 1" Lollipop Chops for 5-6 minutes

For food safety, cook meat thoroughly to the following minimum internal temperatures depending on type of meat: Beef/Pork/Lamb: 145°F Chicken/Turkey: 165°F Ground Beef/Bison: 160°F

## DON'T MAKE IT, Master 17

Tips for perfection

#### PREPARATION

Find the right cut. Use the chart on the left to help guide your selection. Or, ask one of our expert Hometown Butchers.

· Bring your meat to room temperature before grilling. Leave out approximately 30 min.

Heat the grill for at least 20 minutes, keeping the lid closed.

· Clean & oil the cooking grate before you begin.

#### GRILLING

· Let your grill reach the right temperature for your selected cut of meat.

Keep the lid closed during grilling to maintain the temperature and the proper cooking time.

· Use meat tongs to turn and flip your steaks. Never use a fork.

Don't turn the meat too much (especially steaks), unless your recipe calls for it.

Allow a little extra time on the grill if the meat sticks; it will unstick itself.

· Use a thermometer to ensure proper temperature of your meat: most cuts will continue to cook after they're removed from the grill.

#### FINISHING

Let the meat rest before cutting it; this allows all of the juices to be reabsorbed.

Clean the grill while it's hot to cut down on prep time before your next grilling project.

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